



WTP7 Workshop Report

"Leading with Wholeness and Purpose II" with Pinuccia Contino

16th December 2022

13:00-14:30 CET



"When we show compassion to ourselves, we create clarity about who we are and what we can bring to the world"

For the ninth workshop of the 7th Women Talent Pool (WTP), WIL Secretary General Pinuccia Contino, Head of the Unit Product Safety and Rapid Alert System at the European Commission and Ambassador of Applied Compassion offered our Talents a second enlightening session on how to lead with wholeness and purpose, this time focusing on compassion. She highlighted how, using a number of tools — from visualisation techniques to identifying one's anchor — our emerging leaders could move from greater self-compassion towards a better understanding of their life's purpose. To provoke a deeper reflection, the Talents were broken up into small groups to discuss what their passions were and what they wanted to offer to the world.



In one word, what has most captured your attention/curiosity/feelings?



After the theory, meditation and group exercises led by Pinuccia, the Talents had the opportunity to share their impressions in one word. This was a truly insightful and eye-opening workshop that will help the emerging leaders on the WTP develop a true sense of purpose and achieve greater fulfilment in all aspects of their lives.

